



## Working It Through

*Elisabeth Kübler-Ross*

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# Working It Through

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## **Working It Through** Elisabeth Kübler-Ross

The companion guide to Elisabeth Kübler-Ross's famous workshops on death and dying

This remarkable guide to coping with death and dying grew out of Dr. Elisabeth Kübler-Ross's realization that she could help larger numbers of terminally ill people directly by meeting with them in groups. The first such meeting in 1970 led to hundreds more throughout the United States and the world and now to *Working It Through*, a testament to "faith and the ability to survive and transcend the most difficult trials in life" as Kübler-Ross writes in her foreword. The photographer Mal Warshaw has documented the workshops, and his moving photographs bring this already powerful book to life.

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