



When Fear Falls Away: The Story of a Sudden Awakening

Jan Frazier

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In August 2003, virtually overnight, Jan Frazier experienced "a dramatic falling away of fear"--not just the immediate fear of her annual medical test but, as she learned as time went on, her fear of everything. She was "flooded with a causeless joy that has never left me." In this book the commonplace belief that enlightenment is only for saints comes apart at the seams. Anyone can be enlightened, and all we need to do is ask. This rare and beautiful account puts Jan Frazier solidly in the tradition of enlightened teachers from J. Krishnamurti to Byron Katie. Guns and money aren't going to buy peace of mind. Giving up fear is.

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