



# **The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You**

*Caitlin Friedman, Kimberly Yorio*

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**Be the girl who makes it happen!**

Guess what? If you're not looking out for your career then nobody is. If you want to be both passionate about what you do and successful, then *you* must take control of your professional destiny. Only you can determine who you are, what you can do, and where you want to go. If you are stuck in your career, frustrated at your position within a company, or bored with the profession you have chosen, then it is time to change your thinking. This book will hold your hand while you step back and evaluate where you started, where you are on your career path today, and most important, where you want to be tomorrow.

**Tired of your current job? Ready for the next steps? Eager to show the world everything you have to offer?**

Caitlin Friedman and Kimberly Yorio see it all the time: women derailing their careers because they believe that if they just sit quietly, work hard, and please their coworkers, someone upstairs will recognize their talents and dedication and deliver big rewards. But in today's ultra-competitive workplace, nothing could be further from the truth. If you want your dream job with your dream salary, and all the opportunities and fulfillment that come with it, you have to stand up and go for it--without shame, guilt, or hesitation!

*The Girls' Guide to Kicking Your Career into Gear* gives you everything you need to decide what you want out of work and create a plan to make it happen. From how to negotiate a raise or a promotion to starting a new profession, Friedman and Yorio provide savvy, reassuring advice on how to successfully navigate every aspect of your career. Their sure-fire tools will show you how to:

Sell yourself (without selling out)

Master the secrets of the New Girls Network

"Manage upward" to impress the right people, the right way

Overcome the fears—from public speaking to risk-taking--that hold you back

Cope with workplace underminers

Ask for what you deserve

Fight the stereotypes that often keep women from moving up

Based on interviews with more than 100 successful women who have shattered the glass ceiling and made great professional strides, *The Girl's Guide to Kicking Your Career into Gear* is your ticket to taking charge of your career once and for all – and getting where you want to go.

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#### **Nancy Hedrick:**

Reading can called brain hangout, why? Because if you find yourself reading a book specially book entitled The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You your brain will drift away trough every dimension, wandering in every aspect that maybe unknown for but surely will end up your mind friends. Imaging every word written in a guide then become one application form conclusion and explanation which maybe you never get before. The The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You giving you a different experience more than blown away your brain but also giving you useful information for your better life in this era. So now let us show you the relaxing pattern this is your body and mind will likely be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary shelling out spare time activity?

#### **Daniel Downey:**

Do you have something that you like such as book? The book lovers usually prefer to pick book like comic, small story and the biggest you are novel. Now, why not trying The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You that give your fun preference will be satisfied by reading this book. Reading habit all over the world can be said as the oppotunity for people to know world far better then how they react towards the world. It can't be stated constantly that reading behavior only for the geeky man or woman but for all of you who wants to always be success person. So , for all you who want to start looking at as your good habit, it is possible to pick The Girl's Guide to Kicking Your Career Into Gear: Valuable Lessons, True Stories, and Tips For Using What You've Got (A Brain!) to Make Your Worklife Work for You become your starter.

#### **Russell Hardison:**

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**Donna Cauley:**

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