



# Let's Get This Straight: The Ultimate Handbook for Youth with LGBTQ Parents

*Tina Fakhrid-Deen*

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# Let's Get This Straight: The Ultimate Handbook for Youth with LGBTQ Parents

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**Let's Get This Straight: The Ultimate Handbook for Youth with LGBTQ Parents** Tina Fakhrid-Deen  
*Let's Get This Straight* reaches out to young people with one or more gay, lesbian, bi, or trans parents to provide them with the tools to combat homophobia, take pride in their alternative family structures, and speak out against injustice. This short but thorough book profiles forty-five diverse youth and young adults, all of whom voice their opinions and provide advice for other youth living in LGBTQ households. *Let's Get This Straight* also includes probing questions, fun activities, engaging quizzes, and reflective journal sections for youth to share their feelings and experiences about having a gay parent. By reading this book, readers will learn how to: identify and overcome barriers to having a gay parent; address discrimination and heterosexism; build a strong self-esteem and sense of belonging; communicate effectively with their parents and individuals outside of the LGBTQ community; access resources and support for their families; respond effectively when challenged about being in a sexual minority family; and reduce the isolation, fear, shame, and confusion that can be associated with having gay parents. As the media brings ever-increasing exposure to gay-headed households, this book is more important than ever. *Let's Get This Straight* is the perfect blend of wit, sharing of experiences, and “expert” advice that children with LGBTQ parents need to become more self-aware and affirming, and to maintain healthy relationships with their parents.

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