



Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse

Mike Lew

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VICTIMS NO LONGER was the first book written specifically for non-offending adult male survivors of incest and other sexual child abuse, rape, physical violence, emotional abuse, abandonment and neglect. It offers hope and encouragement to these courageous men and those who love them - partners, family, and friends - as they heal from their traumas of boyhood, adolescence, and manhood. This book has remained in print for over 25 years. Updated, revised, and translated, its messages resonate with survivors and allies across cultural, linguistic, racial, religious and geographical boundaries. The ebook version will provide an additional resource to survivors, therapists, counselors, and allies throughout the world. VICTIMS NO LONGER is a gentle guide, a resource for healing, learning, and thriving, helping survivors to: break through isolation, shame, fear, and grief; achieve understanding of the long-term effects of sexual abuse; and take power over their lives, relationships, work, emotions, and sexuality. It enables the reader to begin working through issues of trust, intimacy, sexual confusion, loss, power, control, and connection - making life choices that aren't determined by the abuse. Topics include masculinity, emotions, sexuality, homophobia, shame, guilt, survival strategies, perfectionism, individual and group therapy, confrontation, forgiveness, and moving on. Universal, yet deeply personal, VICTIMS NO LONGER offers a sense of belonging, understanding, and liberation for men at all stages of recovery. This classic work has been called "life-saving," "compassionate," "comprehensive," "clear," "moving," "a beacon of hope," "definitive," "warm," "a salvation," "comforting," "challenging," "required reading," and "loving." VICTIMS NO LONGER continues to speak clearly and powerfully to the pain, fears, needs, hopes, and dreams of male survivors and the people who care about them as they navigate their odyssey of recovery. www.victimsnolonger.org

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