



# Pulse of My Heart: One Couple Survives A Wife's Failing Heart

*Brian O'Mara-Croft, Patricia O'Mara-Croft*

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Patty O'Mara-Croft's "widowmaker" heart attack was a cruel assault on her body, threatening the happiest years of her life. Originally misdiagnosed as a panic attack, common among women who suffer heart attacks, Patty's heart suffers permanent damage, and her precarious condition threatens to raze all joy and hope between Patty and her husband, Brian.

In a recounting both informative and inspirational, heartbreaking and funny, Patty and Brian share their stories from their own unique perspectives—the first-person account of painful revelations and medical struggles and a loved one's experience of despair, hope, and renewal.

Families in medical crisis are getting sucker-punched every day and need help from those who overcame it and emerge stronger than before. The dual voice of both authors represents a love that flourishes, even as Patty's health weakens and is no longer a viable candidate for a heart transplant.

*Pulse of My Heart* is part medical mystery, part comedy of errors, part family drama, and an enduring love story.

The field notes at the back of the book focus on:

- The sometimes-strained relationship between doctors and patient
- Preparing for anticipatory grief
- The potential for addiction when narcotics are part of the drug protocol
- Dealing with familial strife during a time of need
- Struggling with others' prayers when one's own faith is strained
- Trying to maintain some level of dignity in an utterly undignified environment
- Finding ways to be an effective parent in a blended family when illness demands so much attention

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**From reader reviews:**

**Patricia Thomas:**

People live in this new day of lifestyle always aim to and must have the time or they will get great deal of stress from both lifestyle and work. So , when we ask do people have free time, we will say absolutely yes. People is human not really a robot. Then we question again, what kind of activity are there when the spare time coming to an individual of course your answer will probably unlimited right. Then do you try this one, reading books. It can be your alternative throughout spending your spare time, the particular book you have read will be Pulse of My Heart: One Couple Survives A Wife's Failing Heart.

**James Mendoza:**

Playing with family in a very park, coming to see the marine world or hanging out with good friends is thing that usually you have done when you have spare time, in that case why you don't try factor that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Pulse of My Heart: One Couple Survives A Wife's Failing Heart, you may enjoy both. It is very good combination right, you still need to miss it? What kind of hang type is it? Oh come on its mind hangout guys. What? Still don't obtain it, oh come on its known as reading friends.

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