



Project Rebirth: Survival and the Strength of the Human Spirit from 9/11 Survivors

Robin Stern, Courtney E. Martin

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Written in conjunction with the documentary *Rebirth*, a full decade in the making, an uplifting look at the lives of nine individuals whose lives were forever changed by the largest tragedy our nation has ever faced.

The images of the burning towers, the heartbroken friends building memorials, the minute-by-minute accounts of the horrors of that day—all are indelibly etched on our collective consciousness. But what of those left behind after 9/11? What have they, and we, learned from the gift of time?

In *Project Rebirth*, a psychologist and a journalist examine the lives of nine people who were directly affected by the events of September 11, 2001. Written concurrently with the filming of a forthcoming documentary, it is uniquely positioned to tackle the questions raised about how people react in the face of crippling grief, how you maintain hope for a future when your life as you knew it is destroyed, and the amazing ability of humans to focus on the positive aspects of day-to-day living in the face of tragedy.

The project follows people dedicated to rebuilding, both physically and emotionally. Spirituality, resilience, and hope are at the center of their stories. Brian, who lost his firefighter brother, spent two years working at Ground Zero and then helped to rebuild the PATH train station. Tanya, who lost her fiancée on 9/11, finds new love, new life, and joy as a mother in the years following, all doors she thought closed to her forever.

Not a book that recounts the events of that day, and not a book about grief, *Project Rebirth* is a book about resilience and finding inner peace.

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Raymond Bailey:

Reading a guide tends to be new life style with this era globalization. With looking at you can get a lot of information that will give you benefit in your life. Together with book everyone in this world may share their idea. Guides can also inspire a lot of people. Plenty of author can inspire all their reader with their story or their experience. Not only situation that share in the books. But also they write about the information about something that you need illustration. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors these days always try to improve their expertise in writing, they also doing some analysis before they write to the book. One of them is this Project Rebirth: Survival and the Strength of the Human Spirit from 9/11 Survivors.

Jerry Smith:

Playing with family within a park, coming to see the coastal world or hanging out with buddies is thing that usually you might have done when you have spare time, in that case why you don't try factor that really opposite from that. A single activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Project Rebirth: Survival and the Strength of the Human Spirit from 9/11 Survivors, you can enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout guys. What? Still don't get it, oh come on its referred to as reading friends.

Robert Marshall:

Reading a book to get new life style in this season; every people loves to examine a book. When you read a book you can get a wide range of benefit. When you read guides, you can improve your knowledge, simply because book has a lot of information onto it. The information that you will get depend on what kinds of book that you have read. If you wish to get information about your examine, you can read education books, but if you want to entertain yourself you can read a fiction books, this sort of us novel, comics, as well as soon. The Project Rebirth: Survival and the Strength of the Human Spirit from 9/11 Survivors will give you

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