



# Health and Physical Education: Preparing Educators for the Future

*Deborah Callcott, Judith Miller, Susan Wilson-Gahan*

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Health and physical education encompasses the development of movement competence and health literacies crucial to child and adolescent health and wellbeing. *Health and Physical Education: Preparing Educators for the Future*, 2nd edition continues to offer a comprehensive overview of the knowledge, understanding, skills and theoretical underpinnings required to teach health and physical education in Australian schools. This edition outlines the latest developments to the Australian Curriculum: Health and Physical Education, to help pre-service teacher educators understand the application of these concepts in practice. Maintaining a focus on the education of all learning ages, it provides a stronger focus on physical education and development in early childhood, and broader coverage of the perspectives of culturally diverse students. Well-structured and engaging, this edition has been updated to include the latest literature, figures, statistics and resources. Learning is enhanced through further reading, end-of-chapter questions, case studies and an updated and comprehensive companion website.

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